

Hormonal Balance with Frances Fuller

This is one of the most popular classes at i-Detox in the past

28 September , Saturday

Time: 11am-1pm

***Cost: Free (or by donation to support charity)**



Hormones direct every metabolic functions in our body and has a very crucial role to play in our physical and emotional wellbeing. And environmental toxins and our food and personal care products contain hormone disrupting substances that are known to be hormone disrupting, thus negatively affecting our wellbeing, including energy level, nerve functions, reproductive functions, blood sugar levels, weight and so on.

This is Frances Fuller's most popular class at i-Detox – recommended for anyone interested in optimizing energy level, mood, having good quality sleep, maintaining healthy weight, and reversing hormone related conditions, e.g. diabetes, endometriosis, thyroid imbalances..., and reducing risks to common degenerative diseases e.g. osteoporosis, cancer, cardiovascular diseases, arthritis...

Frances herself has overcome many health issues including hypothyroidism, endometriosis, IBS, diabetes, asthma, etc.

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Frankincense and Cancer with Dr H K Lin



Dr H K Lin
Instructor

Frankincense was once worth its weight in gold and was one of the gifts presented to the newborn Jesus Christ by the wise men. It was also used in ancient cultures for healing including Chinese Medicine. Thanks to the work of Dr. H K Lin and others, we are now starting to see why and how it is such a “cure-all” since ancient times.

Dr. Lin is **INDEPENDENT** and have no financial ties with his suppliers.

What You Will Learn:

In this presentation, Dr. Lin will share his exciting findings in laymen language about Frankincense and cancer, as well as findings of other essential oils he has studied, and even his personal experience using therapeutic essential oils.

“Personally, I used Thieves a lot during last winter. Whenever myself or my boys had flu symptoms, we took several drops of the oil for 2-3 days. My boys were able to attend their classes the whole time, while more than half of their friends missed the classes.” - Dr. H K Lin



Don't miss this rare opportunity to meet world authority Dr. Lin in person and have all your questions answered!

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Course Code: I-ID1309

Time: 1:30pm - 3:30pm *(For general public)

Cost: Early Bird \$100 before 20th Sept / \$150 after 20th Sept

Time: 4:00pm - 6:00pm *(For Health Professionals)

Cost: FREE for health practitioners

(Please provide your organization's name and specify your field of work in the registration form.)

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