



Institute of Holistic Healthcare

整全保健學院

Nambudripad's Allergy Elimination Techniques (NAET)



A revolutionary technique developed by Dr Devi S Nambudripad, M.D., D.C., L.Ac., R.N., Ph.D, in 1983 and practiced by over 8000 medical practitioners worldwide. This technique is non-invasive, drug free & a natural solution to eliminate food, chemical, environmental, emotional allergies and allergy based disorders with lasting results. Unresolved health problems, including subluxations and various pain disorders are frequently due to the result of allergic and hypersensitivity reactions to various substances someone consumes or comes into contact with on a daily basis. This simple technique will assist you in detecting the culprits that produce symptoms and guide you in helping with your difficult problem patients. NAET utilises testing and treatment principles from Chiropractic, Oriental Medicine, Kinesiology, and Nutritional disciplines. No long term avoidance or dietary restrictions are necessary. Generally after successful NAET treatment your patient will be able to use the treated allergen without future adverse reaction.

Course pre-requisites:

- ❖ Mandatory reading before attending the Basic Seminars; Say Goodbye to Illness by Dr Devi S Nambudripad
- ❖ Educational requirements; 3 years study in Naturopathy, medicine or therapy based training to include anatomy & physiology
- ❖ Have received at least one NAET treatment

****NAET can only be taught to Health Practitioners with some training in Acupuncture. For those without any background in acupuncture, you can take our "Basic Traditional Chinese Medicine (TCM) & Acupuncture" guided self-study program before NAET.***

Some of the topics covered in the NAET seminars are;

- ⚙ Application of Oriental Principles to evaluate allergies
- ⚙ Techniques of applying acupressure on selected acupuncture points to balance the energies
- ⚙ Blending Eastern & Western medical sciences to achieve optimum benefit in pain control, handling certain emergency conditions, & complications during & after treatments
- ⚙ Nutritional evaluation, diet management, application of supplements
- ⚙ Case management, step by step instructions to manage various allergy based pain syndromes, addictions, ADD/ADHD, asthma, arthritis, autism, backaches, bipolar disorders, cardiovascular disorders, chemical & environmental sensitivities, hayfever, chronic fatigue syndrome, diabetes, depressive disorders, eating disorders, cellular memory imbalances, exercise induced disorders, female disorders, fibromyalgia, gastrointestinal disorders, headaches, infertility, insomnia, metabolic disorders, migraines, nervous system disorders, obesity, paediatric disorders, skin disorders, thyroid imbalances, etc....

Instructor: Dr. Lynn Lim, Naturopathic Physician

Dr. Lynn Lim integrates naturopathic and homeopathic medicine for a holistic approach to healing. Dr. Lim has been practicing naturopathic medicine since 1997 in Singapore, Malaysia and Hong Kong. She currently holds a license from Washington State, U.S.A., to practice Naturopathic Medicine. Dr. Lim specializes in Women's and Family healthcare with particular emphasis on Natural Fertility Management, Allergy Testing and Desensitization, Natural Weight Management, and Functional Medicine. She has been practicing NAET (Nambudripad's Allergy Elimination Technique) since 2003 and has been approved by Dr Devi Nambudripad to teach NAET to healthcare practitioners in Hong Kong, Taiwan and South East Asia.



Dr. Lim holds a Doctorate degree in Naturopathic Medicine, a Master of Science degree in Acupuncture and Oriental Medicine from the Bastyr University in Seattle Washington, U.S.A., and a Bachelor of Science in Food Science degree from the University of Alberta in Edmonton, Alberta, Canada.

Basic Seminar USD660 + USD290 for master test kit and textbooks,

Available after reading Say Goodbye to Illness by Dr Devi S Nambudripad. Open to Doctors, nurses, naturopathic & complementary practitioners wishing to add NAET to their portfolio.

Advanced Level 1 Seminar USD660 + USD60 for textbook and cert,

This is part 2 of NAET training, required for the full ability to practice NAET. Open to NAET practitioners who have completed the basic course - part 1. This course consolidates the basic learning, covering new material on complex questioning techniques & emotional release.

Recertification of practitioners to revalidate NAET qualifications, this is mandatory one year after first qualifying at the ADV1 level then every year for 3 years, then every 3 years thereafter.

**Train to be a NAET Allergy
Elimination Practitioner.
Help your patients to Say Goodbye to Illness.**