



Institute of Holistic Healthcare

整全保健學院

Central Office and Clinic 中環辦事處及醫療中心:

Room 508 Takshing House, 20 Des Voeux Road Central, Hong Kong. 香港中環德輔道中 20 號德成大廈 508 室

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9/F Lee May Building, 788-790 Nathan Road, Kowloon, Hong Kong. 香港九龍彌敦道 788-790 號利美大廈 9 樓

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Certificate in Acupuncture for Physiotherapists (Hong Kong 2019)

Objectives

This course is designed to meet the requirement of the International Acupuncture Association of Physical Therapists (IAAPT) in the basic requirement for acupuncture education for physiotherapists to use the technique. Physiotherapists undertaken the course should be able to perform acupuncture and some related techniques based on a contemporary approach safely and effectively in the treatment of common musculoskeletal and neurological conditions.

Program Design

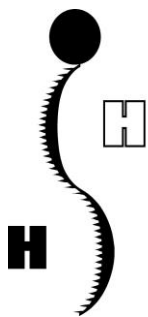
The program is designed to be delivered in **80 Contact Hours** (Lecture 24 hours, Practical 30 hours, Placement 16 hours, Presentation and Exam. 10 hours):

1. Basic Concepts of Contemporary Acupuncture and Traditional Chinese Acupuncture.
2. Safe Application of Acupuncture and Related Techniques.
3. Applying Evidence Based Practice to Acupuncture in Physiotherapy
4. Application of Acupuncture for Pain and Common Musculoskeletal Disorders
5. Introduction to Acupuncture for Neurological Disorders.
6. Student Presentations.
7. Written and Practical Examinations.
8. Clinical Placement.

Self study of at least 160 hours is expected from the students in readings, assignments, practice, preparation for presentation and examinations.

Course Content

Week 1 (16 hours)	Basic Concepts of Acupuncture Spectrum of Practice – Traditional, Western and Dry Needling Mechanism and Therapeutic Effects of Western Acupuncture (WA) Indications and Contraindications for Acupuncture Clinical Reasoning for Acupuncture in Physiotherapy Basic Concepts of Traditional Chinese Medicine and Acupuncture <i>Safety and Hygiene in Acupuncture Treatment</i> <i>Adverse and Emergency Situations in Acupuncture</i> <i>General Acupuncture Techniques</i>
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Week 2 (16 hours)	<i>The Meridian System</i> <i>Surface Anatomy of the Meridians and Common Acupuncture Points</i>
Week 3 (16 hours)	Pain and Pain Modulation Acupuncture Treatment for Common Musculoskeletal Conditions <i>Introduction to Myofascial Trigger Point Therapy and Dry Needling</i> <i>Introduction to Auricular Acupuncture (Auriculotherapy)</i> <i>Acupuncture Related Techniques:</i> <ul style="list-style-type: none"> ● <i>Electroacupuncture</i> ● <i>Moxibustion</i> ● <i>Cupping</i> ● <i>Coining</i>
Week 4 (16 hours)	Introduction to Acupuncture Treatment for Neurological Conditions <i>Introduction to Scalp Acupuncture</i> Student Presentation Written and Practical Examinations
2 Days (16 hours)	Clinical Placement (in Hong Kong)*

Italics denote practical component in the topic

** Clinical Placement will be held on weekdays during the course of the program.*

The Schedule for clinical placement will be arranged after the commencement.

Medium of Instruction

English, supplemented with Cantonese

Entrance & Graduation Requirement

Applicants must be duly registered physiotherapists in Hong Kong (or equivalent in other countries). Registered Medical and Dental Practitioners, Registered Chinese Medicine Practitioners, Registered Nurses are also accepted. Other medical and health care professionals may apply but they have to be cautious about their practice right in Hong Kong SAR. Award of the Certificates requires at least 75% attendance of lectures, 100% attendance of clinical placement, passing of all written and practical examinations and presentation, and satisfactory performance in continuous assessment and clinical placement.

Enquiries:

Email: info@iholistic.org Web site: www.iholistic.org